21 October 2025

SCRUTINY REVIEW OF STOCKTON-ON-TEES ADULT CARERS SUPPORT SERVICE

Summary

The second evidence-gathering session for the Committee's review of Stockton-on-Tees Adult Carers Support Service will consider information from the NHS North East and North Cumbria Integrated Care Board (NENC ICB) and North Tees and Hartlepool NHS Foundation Trust (NTHFT).

Detail

- 1. Previously identified as a key contributor towards this piece of work, the **NENC ICB** was asked to provide responses to the following:
 - What roles / responsibilities do ICBs have in relation to adult carers?
 - What strategic oversight does the NENC ICB have on support for adult carers; what does this involve?
 - Does the NENC ICB highlight / raise awareness of support for adult carers? If so, how / how often (include examples)?
 - Examples / knowledge of good practice within the NENC ICB footprint around adult carers support.
 - What are the implications for the NENC ICB / health partners of the new 10-Year Health Plan for England in relation to support for carers? What plans are / will have to be in place to fulfil any obligations?
 - Any views on key areas of future focus relating to this scrutiny topic (e.g. existing challenges that need to be addressed)?

A report has been prepared and is included within these meeting papers. The NENC Head of Commissioning, Community & UEC is scheduled to be in attendance to provide an overview of the submission and respond to any comments / questions.

- 2. **NTHFT** was also approached for its views on this scrutiny topic, with a request made for a response to the following lines of enquiry:
 - What roles / responsibilities does NTHFT have in relation to adult carers?
 - How does the Trust identify carers?
 - How aware are Trust staff of the local Adult Carers Support Service offer and is this promoted to those patients (and staff) who have been identified as an adult carer?
 - Has any feedback on the local Adult Carers Support Service been received by the Trust or raised / discussed at the Trust's Patient and Carer Experience Council (PCEC)?
 - Working with SBC with regards the local carers support offer how does this operate; is this effective; is there anything that could strengthen current arrangements?
 - What are the implications for NTHFT of the new 10-Year Health Plan for England in relation to support for carers? What plans are / will have to be in place to fulfil any obligations?
 - Any views on key areas of future focus relating to this scrutiny topic (e.g. existing challenges that need to be addressed)?

A presentation has been prepared and is included within these meeting papers. The NTHFT Head of Patient Flow and the NTHFT Associate Director of Nursing Experience & Involvement are scheduled to be in attendance to provide an overview of the submission and respond to any comments / questions.

- 3. Ahead of this latest evidence session, Members may wish to familiarise themselves with:
 - Carers UK: Unpaid carers gain new rights as Health and Care Act 2022 introduced (Jul 22) https://www.carersuk.org/press-releases/unpaid-carers-gain-new-rights-as-health-and-care-act-2022-introduced/
 - NENC ICB: New strategy launches vision to improve lives of Gateshead caregivers (May 24)
 https://northeastnorthcumbria.nhs.uk/news/new-strategy-launches-vision-to-improve-lives-of-gateshead-caregivers/
 - Carers UK: Understanding ICBs, ICPs, ICSs and unpaid carers (Jan 25)
 https://www.carersuk.org/media/svrpgxuo/carers-uk-policy-explainer-on-icps-icbs-and-icss-and-unpaid-carers.pdf
 - Carers Partnership: Identifying and supporting unpaid carers in England to improve integrated system working A resource for health and social care professionals (Feb 25) https://www.carersuk.org/media/q1klnif4/identifying-and-supporting-unpaid-carers-in-england-to-improve-integrated-system-working.pdf
 - We Care You Care: Newlands Medical Centre Becomes First in Middlesbrough to Achieve Carer Friendly Status (Jun 25)
 https://wecareyoucare.info/articles/newlands-medical-centre-becomes-first-in-middlesbrough-to-achieve-carer-friendly-status
 - Carers UK: A fresh new approach to supporting unpaid carers: Our vision for delivering the NHS 10 Year Health Plan in England (Sep 25)
 https://www.carersuk.org/reports/a-fresh-new-approach-to-supporting-unpaid-carers-our-vision-for-delivering-the-nhs-10-year-health-plan-in-england/
- 4. A copy of the agreed scope and plan for this review is included for information.

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